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## Conclusions



Patients with CHB receiving treatment with TDF were significantly less likely to develop HCC than those receiving ETV.



Although statistical significance varied, TDF was consistently associated with lower HCC risk throughout all sensitivity and subgroup analyses, notably in HBeAg positive patients.



These findings should be considered when determining the most appropriate treatment course for CHB patients and have implications for healthcare systems in reducing the burden of the long-term consequences of CHB.

**References:** 1. Gomaal AI, et al. World J Gastroenterol 2008;14(27):4300-8; 2. Llovet JM, et al. Lancet 2003;362(9399):1907-17; 3. Terrault NA, et al. Hepatology 2018;67(4):1560-99; 4. Choi WM, et al. J Hepatol 2022;76(1):186-94.

**Abbreviations:** AFP, alpha fetoprotein; ALT, alanine aminotransferase; CHB, chronic hepatitis B; CI, confidence interval; dL, deciliter; ETV, entecavir; F, female; g, gram; HBeAg, hepatitis B e-antigen; HCC, hepatocellular carcinoma; HR, hazard ratio; INR, international normalized ratio; IPD, individual patient data; IQR, interquartile range; IU, international unit; mL, milliliter; µL, microliter; PSM, propensity score matching; PSW, propensity score weighting; TDF, tenofovir disoproxil fumarate.

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## Background

- Chronic hepatitis B (CHB) is a major risk factor for hepatocellular carcinoma (HCC), the most common primary liver cancer and third leading cause of cancer-related death;<sup>1,2</sup> it is crucial to identify CHB therapies effective at reducing HCC risk.
- Tenofovir disoproxil fumarate (TDF) and entecavir (ETV) are recommended as first-line treatments for CHB.<sup>3</sup>
- Previous aggregate data meta-analyses have been unable to reach a consensus regarding the relative effectiveness of TDF and ETV in reducing HCC risk, due to challenges with heterogeneity and differing methodologies of included studies.<sup>4</sup>
- The use of individual patient data (IPD) rather than aggregate data allows for a more consistent analytic approach across multiple study sites and reduces heterogeneity.<sup>4</sup>

## Objective

- To compare HCC risk using IPD from CHB patients receiving treatment with TDF or ETV and identify any subgroups who particularly benefit from either treatment.

## Methods

- A literature review identified 20 observational studies from East Asia reporting HCC incidence in patients receiving TDF or ETV; 11 studies agreed to contribute IPD.
- Key patient eligibility criteria:
  - Treatment-naïve adults with CHB
  - Completed at least one year of treatment with TDF or ETV monotherapy
- Primary analysis
  - One-stage IPD meta-analysis evaluated the hazard ratio (HR) of treatment with TDF versus ETV to reduce HCC risk using a multivariable Cox proportional hazards model.
  - Adjustment for potential confounding variables (treatment, age, sex, viral load, hepatitis B e antigen [HBeAg], cirrhosis, decompensated cirrhosis, alanine aminotransferase [ALT], diabetes, bilirubin, hypertension, creatinine, alpha fetoprotein [AFP], albumin, international normalized ratio [INR], ascites, hepatic encephalopathy, platelet count) and multiple imputation to account for missing data were performed.
- Secondary analyses
  - Sensitivity analyses assessed the robustness of the primary results under different methodological assumptions and approaches.
  - Subgroup analyses compared HCC risk with TDF and ETV in subgroups of clinical interest (age, sex, HBeAg positivity, cirrhosis status, diabetes status).

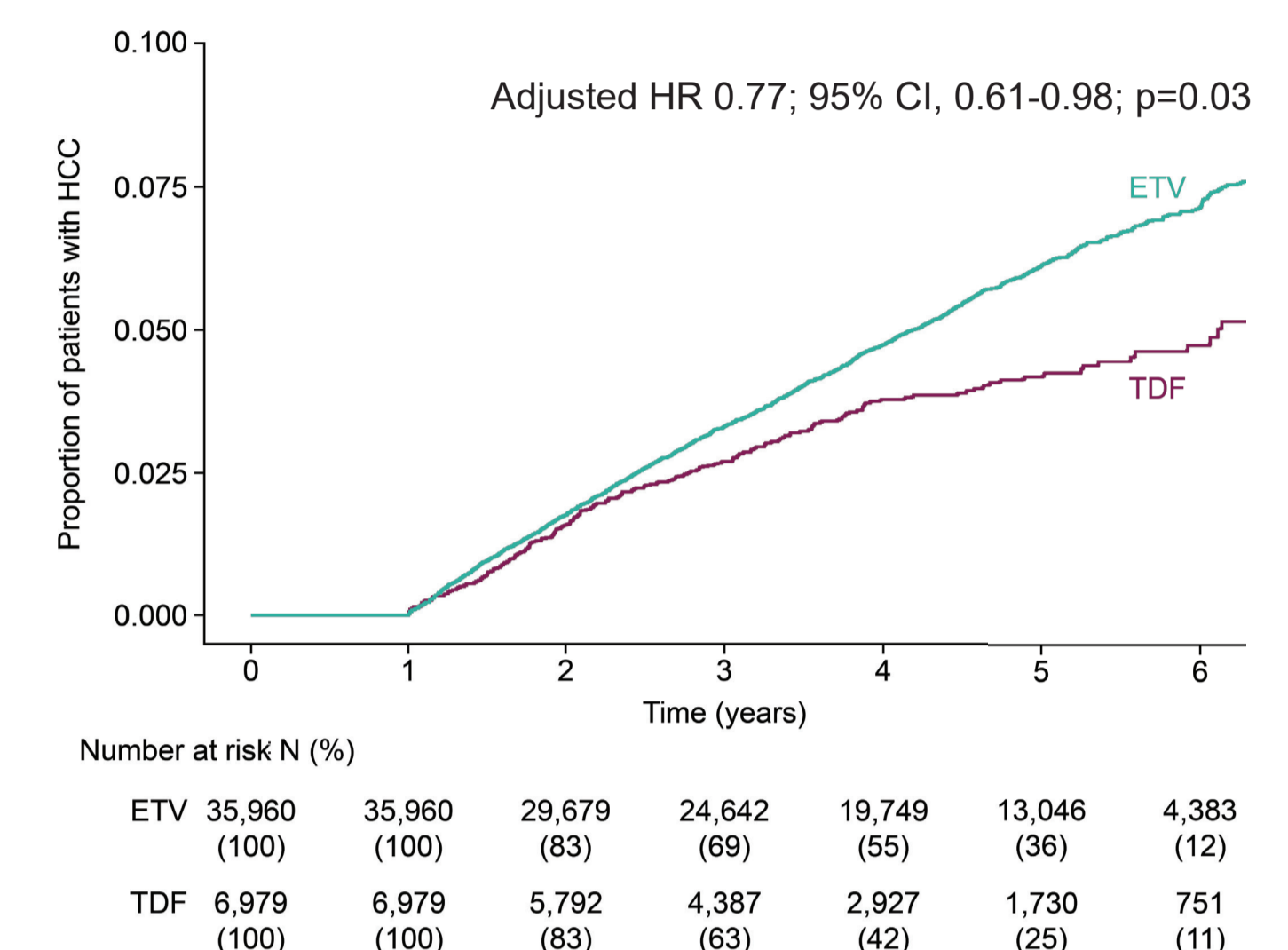
## Results

**Table 1. Patient disposition and baseline characteristics**

Characteristic	TDF (n=6,979)	ETV (n=35,960)
Age, median (IQR), years	48.32 (12.21)	52.26 (12.60)
Sex (%)	F: 38.64	F: 34.13
Viral load, median (IQR), log <sub>10</sub> IU/mL	5.76 (2.00)	5.47 (2.04)
HBeAg positivity (%)	49.65	33.69
Cirrhosis (%)	38.01	39.23
Albumin, median (IQR), g/dL	4.11 (0.72)	4.02 (0.64)
Platelet count, median (IQR), x1,000/µL	180.92 (66.51)	178.47 (70.25)
Follow-up time (median [IQR], years)	3.71 (1.58)	3.97 (1.62)

## Results

**Figure 1. Cumulative incidence of HCC in patients with CHB treated with TDF or ETV**



Adjustment was performed for the following variables: treatment, age, sex, viral load, HBeAg, cirrhosis, decompensated cirrhosis, ALT, diabetes, bilirubin, hypertension, creatinine, AFP, albumin, INR, ascites, hepatic encephalopathy and platelet count.

- Patients receiving TDF had a significantly lower risk of HCC than those receiving ETV (Figure 1).
- Risk of HCC diverged between the groups after 2.5 years of follow-up.

**Table 2. Sensitivity analyses comparing the risk of HCC between TDF and ETV**

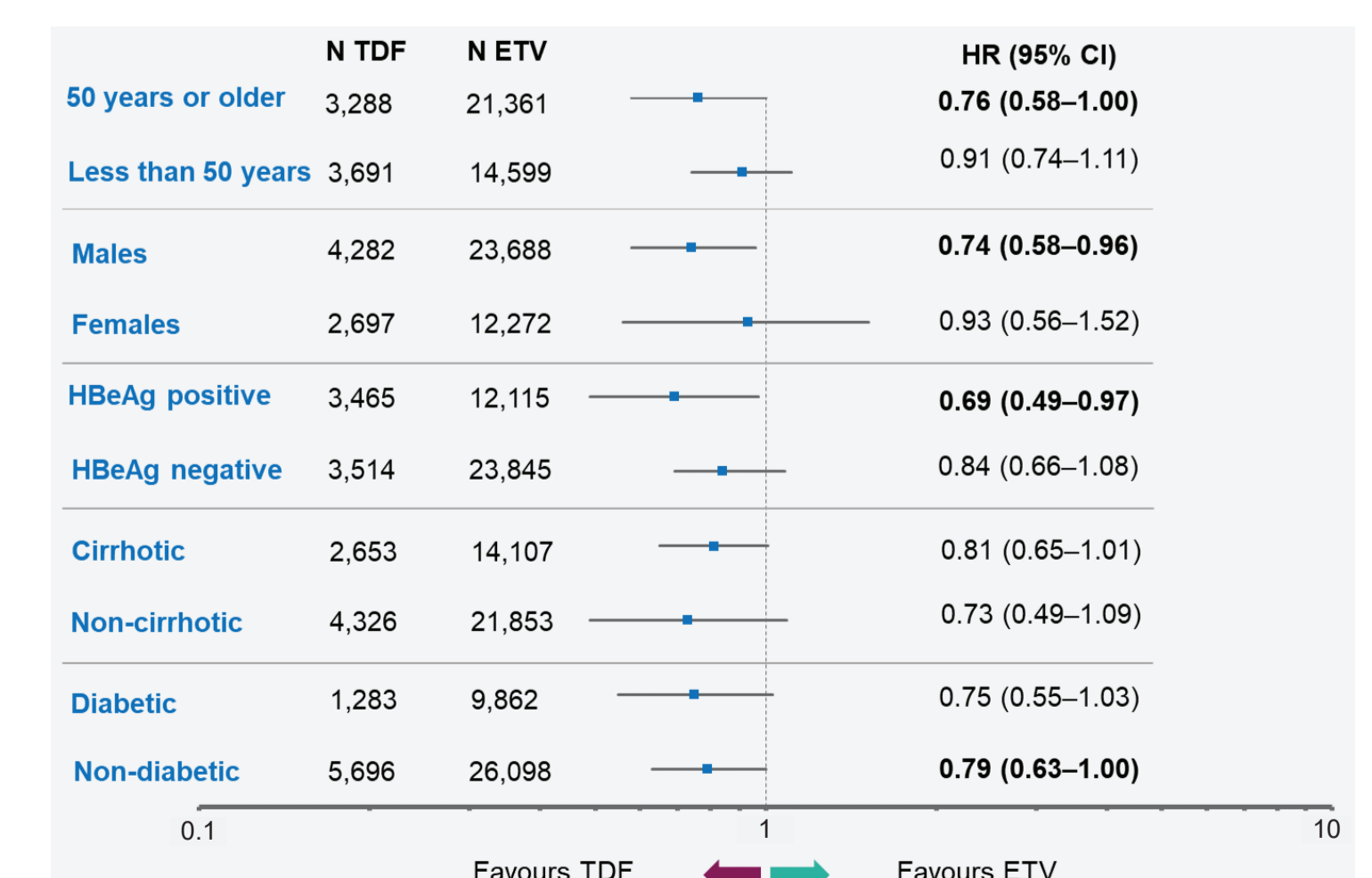
Analysis	N	HR (95% CI)	p-value
Propensity score matching (PSM) <sup>a</sup>	TDF: 6,475 ETV: 15,958	0.73 (0.59–0.88) 1 (reference)	<0.01
Propensity score weighting (PSW) <sup>b</sup>	TDF: 6,220 ETV: 14,488	0.83 (0.67–1.03) 1 (reference)	0.10
Alternative cirrhosis definition <sup>c</sup>	TDF: 6,979 ETV: 35,960	0.77 (0.61–0.98) 1 (reference)	0.03
Complete cased	TDF: 6,116 ETV: 31,988	0.82 (0.64–1.04) 1 (reference)	0.10
Treatment start date <sup>d</sup>	TDF: 6,922 ETV: 26,498	0.83 (0.66–1.05) 1 (reference)	0.11

<sup>a</sup>Matched patients 1:5 (TDF:ETV) to balance characteristics across treatment arms; effective sample size is presented  
<sup>b</sup>Balanced the observed baseline characteristics in both treatment arms; effective sample size is presented  
<sup>c</sup>Used platelet count threshold <100,000/µL within the composite cirrhosis definition (versus <150,000/µL in the primary analysis)  
<sup>d</sup>Excluded patients missing data for any mPAGE-B variables (age, gender, platelet count, albumin)  
<sup>e</sup>Excluded patients initiating treatment prior to 2011

- Regardless of analytic methodology, TDF was associated with consistently lower risk of HCC than ETV (Table 2).

**Figure 2. Subgroup analyses for cumulative incidence of HCC in patients with CHB treated with TDF or ETV**

- Regardless of analytic methodology, TDF was associated with a consistently lower risk of HCC than ETV (Table 2).



Statistically significant results are in bold. For the '50 years or older' and 'non-diabetic' subgroups, the upper bound of each CI is < 1.00, but each has been rounded up to 1.00 when reported to two decimal places.

- TDF was associated with a lower risk of HCC than ETV in all subgroup (Figure 2).
- Risk difference was statistically significant for the ≥50 years of age (p<0.05), male (p=0.02), HBeAg positive (p=0.03) and nondiabetic subgroups (p<0.05) and was most pronounced in the HBeAg positive subgroup.